

跆拳道

Life Skills:

1. Respect – 존경 – Jon-gyeong (尊敬)
2. Courtesy – 예의 – Ye-ui (禮儀)
3. Honor – 명예 – Myeong-ye (名譽)
4. Loyalty – 충성 – Chungseong (忠誠)
5. Perseverance – 인내 – In-nae (忍耐)
6. Goals – 목표 – Mokpyo (目標)
7. Self Control – 극기 – Geuk-gi (克己)
8. Integrity – 염치 – Yeom-chi (廉恥)
9. Honesty – 정직 – Jeon-jik (正直)
10. Spirit – 정신 – Jeong-shin (精神)

道